



National Hurling Development



Provincial Coaching Workshops 2018

Venues & Dates:

- June 9th. St. Kieran's College, Kilkenny**
Registration: 10.30 a.m. Workshop: 11.00 – 01.20 p.m. Lunch 01.30 p.m.
- July 7th. Mallow GAA Centre, Co. Cork**
Registration: 10.30 a.m. Workshop: 11.00 – 01.20 p.m. Lunch 01.30 p.m.
- August 11th. Derry Centre of Excellence, Owenbeg, Dungiven, Co. Derry**
Registration: 10.30 a.m. Workshop: 11.00 – 01.20 p.m. Lunch 01.30 p.m.
- October 20th. Connacht Centre of Excellence, Ballyhaunis, Co. Mayo**
Registration: 10.30 a.m. Workshop: 11.00 – 01.20 p.m. Lunch 01.30 p.m.

Format:

Practical station based workshop with participants rotating to each station.

Target audience – Youth – Adult Coaches

Workshop Theme – Building the Essentials into Every Training Session:

To include -

- Goalkeeping
- Catching & Striking
- Hooking & Blocking
- Rising & Hand passing
- Defending
- Attacking

Coaches:

Lead coaches at each station will be former inter county stars supported by local full time GAA coaching officers.

Bookings: <http://learning.gaa.ie/hurlingworkshops>

Early booking advisable as places are limited

Enquiries: All enquiries to **Martin Fogarty.**

Email: martin.fogarty@gaa.ie

Registration: €20 (includes lunch)

Play and Stay with the G.A.A.